

DOT.COM
Dementia Oversight Team.Care Options Meeting
Identifying Potential Causes of Needs-Driven Behavioral (NDB) Expression Symptoms

Resident's Name: _____ Today's Date: _____

1. Resident-based factors and issues: (Choose all that apply.)

- Resident pain assessments indicate alternate plan is needed to address pain.
- Medications overview—resident has recently experienced:
 - Changes in dosage
 - Polypharmacy
 - Failure to take
 - Inappropriate medication administration
 - Last date medications were reviewed: _____
- Altered emotional status that the resident could be experiencing due to adjustments or changes in routine, family structure, etc.:
 - Insecurity
 - Sadness
 - Anxiety
 - Loneliness
 - Other _____
- Sensory deficits/proper functioning of devices—the resident has trouble with:
 - Hearing (Describe) _____
 - Vision (Describe) _____
- What basic physical needs might the resident be having trouble with?
 - Hydration
 - Hunger
 - Constipation
 - Body temperature
 - Other _____
- What is the resident's preference with: (Choose all that apply.)
 - Bathing time _____
 - Waking up and going to bed times _____
 - Meal times and food preferences _____
 - Activity programming _____
 - Clothing choices _____
 - Male or female caregivers _____
- Level of stimulation (under or over) where the NDB occurs that is **not** appropriate for this resident:
 - The room is too *noisy/active* or too *quiet/calm*. (Circle choice.)
 - The room is too *bright* or too *dark*. (Circle choice.)
- Health issues that the resident may be experiencing:
 - History of infections that may be resurfacing
 - Other _____
- Impact of other illnesses or conditions _____

- If the resident is experiencing confusion while ambulating (wandering), we could:
 - Use calm reorientation methods
 - Explain surroundings as if it was the first time for the resident in that location
 - Utilize memory boxes outside the room
- The resident is feeling frustrated or depressed about activities of daily living decline with:
 - Bathing
 - Dressing
 - Using the toilet
 - Grooming
 - Eating
 - Other _____
- The resident is experiencing sleep-cycle disruptions.

2. Caregivers for this resident need help with: (Choose all that apply.)

- Using specialized communication techniques
- Using a more appropriate emotional tone
- Appropriate care techniques when the resident tries to communicate a need
- Getting to know the resident based on his/her personal history
- Education to understand the individual resident's condition
- Understanding facility protocol for providing good dementia care
- Managing a personal situation that affects caregiving approaches
- Social services, so that they may develop a bio-sketch of the resident's history

3. Environmental-based factors and issues that affect this resident: (Choose all that apply)

- Level of physical and/or social stimulation
 - Too much
 - Too little
- Room arrangements
 - There is too much clutter in the room
 - Needed items are out-of-sight or not where the resident can see them
 - Other _____
- Lack of appropriate visual cues to assist with orientation
- Safety risk (describe) _____
- Too hot
- Too cold
- Lack of necessary adaptive equipment
 - Grab bars in bathroom
 - Walker or wheelchair
 - Other _____
- Poor lighting. Too dark in the room.
- Other _____

Excerpt adapted from: Gitlin LN, Kales HC, Lyketsos CG. Nonpharmacologic Management of Behavioral Symptoms in Dementia. JAMA, November 21, 2012; 308(19): 2020-2029. © 2012 American Medical Association. All rights reserved.

This material was prepared by Health Services Advisory Group of California, Inc., the Medicare Quality Improvement Organization for California, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services, from material originally appearing in JAMA, 2012 American Medical Association. The contents presented do not necessarily reflect CMS policy.
 Publication No. AZ-10SOW-7.2-070000-00, CA-10SOW-7.2-082913-03