


**Stay Calm
 Stay Prepared
 Stay Informed
 CALTCM.org**

**Webinar Series
 COVID-19: CALTCM Weekly Rounds**

June 29, 2020

1




CALTCM is a non-profit association.
**Please consider supporting our efforts with
 a donation to CALTCM and/or
 by joining/renewing your membership today.**
Visit: caltcm.org

Non-Profit Status
 The California Association of Long Term Care Medicine (CALTCM) is currently exempt under section 501(c)(3) of the Internal Revenue Code. Contributions or charitable donations made to our non-profit organization are tax-deductible under section 170 of the Code.
 To request a copy of our 501(c)(3) status letter or current Form W-9, please contact the CALTCM Executive Office at (888) 332-3299 or e-mail: info@caltcm.org

2

Thank you to our Planning Committee!

*Patricia Latham Bach, PsyD, RN
 Flora Bessey, PharmD, BCGP
 Heather D'Adamo
 Michelle Eslami, MD, FACP, CMD
 Janice Hoffman-Simen, Pharm.D., EdD, APH, BCGP, FASCP
 Ashkan Javaheri, MD
 Albert Lam, MD
 Jay Luxenberg, MD
 Karl Steinberg, MD, CMD, HMDC
 Michael Wasserman, MD, CMD*



June 29, 2020

3

Thank you to our Sponsors!

Platinum Donor



Silver Donor



We're all in this together.
 ACADIA is honored to support front line providers caring for our long-term care communities.



June 29, 2020

4

Upcoming CALTCM CME/CEU events:



LMG 18th ANNUAL CONFERENCE
Leadership & Management in Geriatrics
 UNLOCK YOUR LEADERSHIP POTENTIAL
 July 31 – August 1, 2020

2020 Resolution
 Make the move from the bedside to the boardroom

Step #1
 Attend the Leadership & Management in Geriatrics Conference




June 29, 2020

5

**2020 CALTCM Summit for Excellence
 The Paradigm Shift of the Century
 Virtual Event: October 8-10, 2020**




6



Webinar Moderator

Albert Lam, MD
Geriatrician, Chair, Dept of Geriatric Medicine,
Palo Alto Foundation Medical Group,
CALTCM BOD member and President-Elect



June 29, 2020

7



Webinar Faculty

Peter Beilenson, MD
Director Sacramento County Dept. of Health
Services



June 29, 2020

8



Webinar Faculty

Dolly Greene RN, BSN®, CIC
Infection Prevention & Control Resources
Expert Stewardship



June 29, 2020

9



Webinar Faculty

Michael Wasserman, MD, CMD
Geriatrician, President, CALTCM,
Medical Director, Eisenberg Village,
Los Angeles Jewish Home



June 29, 2020

10



Webinar Faculty

Karl E. Steinberg, MD, CMD, HMDC
President-Elect, AMDA: The Society for Post-
Acute and Long-Term Care Medicine;
CALTCM BOD Member; Chief Medical Officer,
Mariner Health Care; Past Chair, Coalition for
Compassionate Care of California




June 29, 2020

11



POLL



June 29, 2020

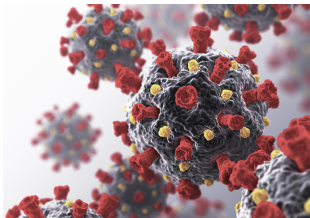
12



13

Real Stories with Dr. Peter Beilenson

- Stories
- Lessons Learned




CALTCM June 29, 2020

14



15

- Discuss real life scenario
- Review recommended solutions
- Discuss best practices




CALTCM June 29, 2020

16

Scenario

- A 3-story skilled nursing facility with 250 beds reported having 7 residents with fever and respiratory symptoms such as cough and shortness of breath. These residents were tested for COVID-19 by nasopharyngeal swabbing. Five of these residents tested positive for COVID which triggered mass testing of all employees and residents. Sixteen of the healthcare workers subsequently tested positive.



CALTCM June 29, 2020

17

What Did the Facility Do Next?

- Implemented Transmission-based isolation precautions (Contact & Droplet Precautions in addition to face shield or goggles)
- Stop communal dining and communal activities
- Stop visitors and non-essential people from entering facility
- Enforce universal masking and social distancing
- Conduct symptom and temperature screening of healthcare workers before entering facility
- Reviewed layout of facility and established a COVID+ unit (Red Zone), as well as unit for quarantining persons under investigation (PUI) (Yellow Zone), and Green Zone for residents who are COVID naive
- Also established a unit for new admissions for quarantine (AQU)
 - Provide separation of dialysis residents

CALTCM June 29, 2020

18

Additional Information

- Before moving a resident from yellow to green unit, test resident, and if negative move to green area
- When testing symptomatic residents, they require 2 negative tests taken at least 24 hours apart before they can be considered for returning to green unit
- When admitting or readmitting residents they must go to yellow zone for 14 days
 - They must be tested on admission and then again at the end of quarantine.
 - If negative at the end of quarantine time, they can be transferred to Green Unit.



Los Angeles County Department of Public Health. Retrieved from www.publichealth.lacounty.gov/acd/ncorona2019

June 29, 2020

19

What Did the Facility Do Next?

- Mass testing
 - Responsive testing
- Surveillance testing start when no new cases identified or after 2 sequential rounds of response testing
 - 25% of healthcare workers weekly
 - 10% of residents weekly



June 29, 2020

20

Education

- Review infection prevention and control practices with staff
 - Train on how the different zones (Red, Yellow, and Green) will operate:
 - Red Zone- will house COVID positive residents
 - Yellow Zone- will house residents who are under investigation, another yellow area which is for newly admitted or readmitted residents
 - Green Zone- reserved for COVID naïve residents and graduates from yellow zone (recovered or those who finished incubation period)
 - Never had symptoms and are asymptomatic
 - Cohorting of staff by unit **VERY IMPORTANT TO PREVENT TRANSMISSION**
 - Separate entrance to Red Zone
 - Separate break rooms and bathrooms
 - Keep doors closed in red and yellow unit



June 29, 2020

21

Education

- How to utilize Transmission-Based Isolation Practices
 - Post signs with clear messaging of what PPE to be used
- Educate and demonstrate donning and doffing of personal protective equipment (PPE)
- Importance of frequent environmental cleaning and disinfection



June 29, 2020

22

When to Discontinue Isolation

- One of **two** strategies to use for discontinuation of transmission-based precautions:
 - **Test-based**
 - Test 2 times with PCR test to be done at least 24 hours apart
 - This method is preferred for immuno-compromised residents or on chemotherapy or biologics
 - **Symptom based**
 - If testing is not available, 14 days from symptom onset AND at least 3 days (72 hours) afebrile without the use of antipyretic medications AND improvement of respiratory symptoms

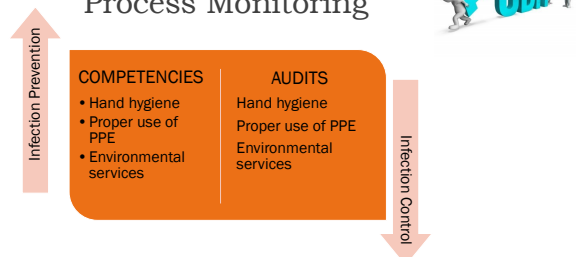


Los Angeles County Department of Public Health. Retrieved from www.publichealth.lacounty.gov/acd/ncorona2019

June 29, 2020

23

Process Monitoring



24

Reporting



- Connect with your local public health department and work closely with them
- Submit reports on time to National Healthcare Safety Network (NHSN) and other local health departments (ensure your information is consistent)
- It is the responsibility of each facility to report deaths of their residents with COVID



June 29, 2020

25

Q & A



June 29, 2020

26



Join us

July 13th

Leadership During COVID-19



CALTCM.org @CALTCM #CALTCM

June 29, 2020

27

BE PREPARED
SAVE A LIFE!



June 29, 2020

28