



# AMERICAN BOARD OF POST-ACUTE AND LONG-TERM CARE MEDICINE

## **Certified Medical Director (CMD) Initial Certification**

The process to become a CMD is an education and experience model. There is no test for certification. Candidates for certification must meet eligibility under three steps, each of which include education and experience qualification requirements. Candidates must meet all eligibility requirements under each of those options in both areas of experience in practice, and in education to become certified. [Download the application and eligibility requirements here.](#)

Step one is general eligibility, step two is clinical eligibility, and step three is management eligibility. Steps two and three require a candidate to choose the options that are based on whether he/she has ABMS/AOA board certifications and any certificates of added qualification; and whether he/she has completed a geriatric fellowship in the past five years.

Under step one, general eligibility, the body of knowledge required for certification is found in the “Core Curriculum on Medical Direction in Long-Term Care” (the Core). The Core is divided into two parts, each of which is required. The first part of the Core is available online, and the second part of the Core takes place at a live meeting over a three-day weekend either in person or virtually online. Information on upcoming offerings of the Core can be found on the PALTC website at: <https://apex.paltc.org/page/core-curriculum-on-medical-direction>.

Under step two, clinical eligibility, you will document your clinical education and experience requirements.

Under step three, management eligibility, you will document your management education and experience requirements.

While you must meet clinical experience and medical director experience for CMD certification, CMD applications may be submitted for consideration of a letter of education eligibility even before the years of medical director experience are completed. The one-time application review fee will be held with a pending application for up to 5-years. Application deadlines are April 1, and October 1 of each year. Candidates who meet education eligibility will be awarded the education eligibility letter which will be valid for up to five years as the candidate works to complete employment eligibility requirements.

While not required, membership in AMDA – The Society for Post-Acute and Long-Term Care Medicine (The Society) provides a discount on the education required in step one and on the application review fee that pays for membership itself. Society members also have free access to important webinars in PA/LTC. You can sign up for membership on the Society’s website at <https://www.paltc.org>.

If you need additional CME credits to meet step-2 or step-3 education requirements, AMDA members have free access to live and archived webinars from AMDA. Many of those webinars are approved for management credits. You can find out more about the AMDA webinars on their website at <https://apex.paltc.org/>. When selecting webinars, please be sure to check the credit designation type to ensure that you are selecting webinars that provide the credit type you need (either clinical or management).

For questions about CMD certification, please contact the ABPLM Director at [cmd@paltc.org](mailto:cmd@paltc.org) or 410-992-3117.



# AMERICAN BOARD OF POST-ACUTE AND LONG-TERM CARE MEDICINE

Recertification is due every six years. [Download the application and eligibility requirements here.](#)

## **Recertification Education Eligibility During Covid-19 Crisis**

- documentation of 60 clinical CME credits from the six years of current certification period. (may come from self-study during Covid-19 crisis)
- documentation of 60 management CME credits from the six years of current certification period. (may come from self-study during to Covid-19 crisis)
  - a minimum of 30 credits must come from pre-approved CMD credits

Clinical Education credit hours are AMA PRA Category 1 Credits™, AAFP-approved, or AOA-approved credits on topics such as: diabetes, stroke, pressure ulcers, falls, hypertension, dementia or other clinical issues seen in your long-term care patient population.

Management topics related to the management and leadership responsibilities in your post-acute and long-term care settings may be submitted for consideration. Management credits can come from such topics as: billing and coding, communications with patients and staff, ethics, risk management

AMDA members have free access to live and archived webinars from AMDA. Many of those webinars are approved for management credits. When selecting webinars, please be sure to check the credit designation type to ensure that you are selecting webinars that provide the credit type you need (either clinical or management). You can find out about all of AMDA's CME offerings online at <https://apex.paltc.org/page/catalog>.

For questions about CMD certification, please contact the ABPLM Director at [cmd@paltc.org](mailto:cmd@paltc.org) or 410-992-3117.