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21* AMA PRA
Category 1
Credit(s)[™]
See page 3.



51st ANNUAL MEETING

CALTCM
California Association of Long Term Care Medicine

CALTCM

Summit for Excellence

**October 23-25, 2025
Paradise Point
San Diego, CA**

CALTCM promotes quality patient care across the long-term care continuum through medical leadership and education.





Program Introduction

The 2025 CALTCM Summit for Excellence, now in its 51st year, is California's leading forum for advancing quality and innovation in post-acute and long-term care. Held October 23–25 at Paradise Point in San Diego, the Summit brings together interdisciplinary leaders for timely updates on regulatory changes, quality measures, and emerging technologies like AI. With expert panels, interactive sessions, and “In the Trenches” discussions, the program offers practical strategies to navigate clinical, ethical, and operational challenges—equipping attendees to improve outcomes for older adults and medically complex patients across PALTC settings.

Learning Objectives

At the conclusion of this activity, participants should be able to:

1. Analyze current trends and innovations shaping the future of post-acute and long-term care, including AI applications and evolving care models.
2. Describe recent federal and California-specific regulatory updates and apply them to compliance and quality improvement efforts.
3. Implement evidence-based approaches to the management of common PALTC challenges, including wound care, behavioral health, substance use disorder treatment, and heart failure.
4. Apply ethical principles and risk management strategies to complex clinical cases in skilled nursing and long-term care settings.
5. Advocate for policies and practices that promote safety, quality, and equity for older adults and individuals with complex medical and behavioral needs.

Target Audience: Physicians, advanced practice nurses, gero-psychiatrists, pharmacists, licensed nurses, administrators, and other members of the interdisciplinary team who care for patients and residents in PALTC.

Reasons to Attend: (Note: Bring 3 or more from your facility and save \$\$\$!)

- CALTCM is the recognized voice of medical leadership in PALTC.
- The CALTCM Annual Meeting curriculum is designed to engage and benefit direct care practitioners - all members of the interdisciplinary & leadership team.
- CALTCM's Annual Meeting focuses on getting the right professionals engaged in the right conversations that help California-based PALTC professionals:
- Stay current on best practices to be the driver of quality, patient safety, and person-centered care,
- CALTCM recognizes that CMD-accreditation predicts higher quality of care for long-term care facilities (JAMDA, October 2009) and has intentionally designed its CME process to help Medical Directors achieve and maintain CMD-accreditation. For example, CALTCM CME credit segmentation is aligned with that of PALTmed CMD requirements. (i.e., Clinical Medicine and Medical Management segments).



2025 CALTCM Summit for Excellence Program Agenda

On-Demand Sessions

CALTCM is proud to offer the following *asynchronous educational sessions*. The following sessions will be available to annual meeting attendees prior to the Summit start. We highly encourage learners to complete these sessions prior to the Summit so they can engage with the speakers and peers on these topics during the live program.

- **New Drugs;** *Aida Oganessian, PharmD, BCGP, APh*
- **Navigating Personality Disorders in Post-Acute and Long-Term Care: Clinical, Philosophical, and Practical Perspectives;** *Jennifer Birdsall, PhD, George Woods, MD, LFAPA, and Glen Xiong, MD, CMD*
- **Substance Use Disorder;** *Soraya Azari, MD*
- **The Relationship Between Antibiotic Stewardship and Surveillance Programs in Long Term Care (LTC);** *Dolly Greene, RN, BSN, CIC*
- **Use of Prognosis to Improve Preventive Care in Older Adults;** *Lindsey Yourman, MD*
- **Supporting Californians Without a Voice: Early Insights from the OLTCPR Launch;** *Yarin Ascencio, MSW*
- **The Cost of Caring: How Leaders Can Recognize, Prevent, and Respond to Emotional Exhaustion in Long-Term Care Teams;** *Jennifer Birdsall, PhD*

Thursday, October 23, 2025

Wound Care Summit



- 1:00pm **Welcome**
 - *President: Ashkan Javaheri, MD, CMD*
 - *Education Committee Chair: Rebecca Ferrini, MD, MPH, CMD*
- 1:05pm **Wound Care;** *Kourosh A.P. Moshiri, MD, MHA, FACP, AGSF, CMD, HMDC, FACCWS*
- 1:55pm **Wound Care;** *Richard Simman, MD, FACS, FACCWS*
- 2:45pm **Break**
- 3:00pm **Q & A Panel**
- 3:30pm **Adjourn**

Medicolegal Summit

- 4:00pm **Welcome: Medicolegal Summit: Understanding Nursing Home Litigation;**
 - **Moderator:** *Karl Steinberg, MD, CMD, HMDC, HEC-C*
 - **Legal Team:** *Sean O'Niell, Esq. and Kim Valentine, Esq.*
- 4:20pm **Deposition: Role Play**
- 4:30pm **Medicolegal Case # 1**
- 5:30pm **Break - Dinner Served**
- 5:45pm **Medicolegal Case # 2**
- 7:00pm **Closing Comments & Adjourn**



President's Welcome Reception

- 7:00pm **Reception**

Accreditation Statement



2025 CALTCM Summit for Excellence Accreditation Statement

Continuing Medical Education (CME)

The California Association of Long Term Care Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



California Association of Long Term Care Medicine designates this **Blended Learning Activity** for a maximum of **21.00 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Board of Internal Medicine MOC Statement (ABIM)

Successful completion of this activity enables the participant to earn **21.0 Practice Assessment points** [and patient safety / medical knowledge MOC credit] in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the sponsor's responsibility to submit participant completion information to ABIM for the purpose of granting the MOC points. (For attendees who request ABIM MOC credit: Attendee information will be shared with ABIM.)

Board of Registered Nursing (BRN)

The California Association of Long Term Care Medicine (CALTCM) is a provider approved by California Board of Registered Nursing, Provider #CEP16690 for **21.0 contact hours**.

Certified Medical Director (CMD)

- **Live Program Credit Statement:** This CME activity has been pre-approved by the Post-Acute and Long-Term Care Medical Association (PALTmed) for a total of **6.25 clinical hours and 9 management hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. Each physician should claim only those hours of credit actually spent on the activity. The CMD Program is administered by the PALTmed Certification Council (<https://paltmed.org/certification>).
- **ON DEMAND Credit Statement:** This CME activity has been pre-approved by the Post-Acute and Long-Term Care Medical Association (PALTmed) for a total of **3.75 clinical hours and 2 management hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. Each physician should claim only those hours of credit actually spent on the activity. The CMD Program is administered by the PALTmed Certification Council (<https://paltmed.org/certification>).

National Association of Long Term Care Administrator Boards (NAB)

The National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) has approved this program as follows:

- Title: 2025 CALTCM Summit for Excellence
- **Program Hours approved: 15.25**
- Program Approval Code: 20261022-15.25-A116240-IN

*Updated 9/29/2025. The courses above meet multiple requirements of the California Business and professions Codes 2190–2196.5 for physician CME, including cultural competency and geriatric credits. ***Earn up to 21.0 hours when you attend the Pre-Summits, Annual Meeting, and complete the on-demand sessions.***

MEMBERSHIP

CALTCM membership is open to all interprofessionals working in post-acute and long-term care medicine. Join CALTCM during registration to save on your registration fees and annual dues.

Please contact the CALTCM Executive Office for assistance.
Phone (888) 332-3299 or Email info@caltcm.org

Program Agenda (continued)



CALTCM Summit for Excellence Friday, October 24, 2025: 8:00am - 6:45pm

- 8:00am **Breakfast: Product Theater & Exhibits**
- 9:00am **What's Happening in PALTC?**; Ashkan Javaheri, MD, CMD
- 9:30am **Keynote: The Future of PALTC**; Alex Bardakh, MPP
- 10:30am **Break**
- 11:00am **Ethical Cases: Risk Management**
 - **Moderator:** Rebecca Ferrini, MD, MPH, CMD
 - **Panel:** George Woods, MD; Dolly Greene, RN, BSN, CIC; Stacey Ringham, RN, MSN
- 12:00pm **Lunch: Product Theater & Exhibits**
- 1:10pm **Federal Regulatory Updates**; Alex Bardakh, MPP
- 1:40pm **CAHF Wrap Session: California Nursing Homes**; Cassie Dunham
- 2:10pm **California Regulatory Updates**; Michael R. Wasserman, MD, CMD
- 2:40pm **HSAG Outlook: Advancing Quality Together**; Jennifer Wieckowski, MSG
- 2:55pm **Improving SNF Quality: CALTCM CMD Program for California Medical Directors**
 - Rebecca Ferrini, MD, MPH, CMD; and Karl Steinberg, MD, CMD, HMDC, HEC-C; Michael R. Wasserman, MD, CMD
- 3:15pm **Ask the Advocates: A Q&A Panel on California and Federal Policy**
- 3:45pm **Break**
- 4:15pm **In-The-Trenches Topics** (Two 40-minute rounds.)
 - **Behavioral Health in LTC**; George Woods, MD, LFAPA and Glen Xiong, MD, CMD
 - **Challenging Medical Cases**; Meenakshi Patel, MD, FACP, MMM, CMD
 - **Medical Treatment for SUD in SNF**; Soraya Azari, MD
 - **Open Evidence**; Katherine Trintchouk, MD
 - **Wounds**; Kourosh A.P. Moshiri, MD, MHA, FACP, AGSF, CMD, HMDC, FACCWS
- 6:00pm **Poster Session: & Cocktail Reception**
- 7:00pm **Adjourn**



Saturday, October 25, 2025: 8:00am - 2:00pm

- 8:00am **Breakfast: Product Theater & Exhibits**
- 9:00am **Age Friendly Approach to Congestive Heart Failure (CHF)**; Meenakshi Patel, MD, FACP, MMM, CMD
- 10:20am **Break**
- 10:40am **Everything You Want to Know About California's New Psychotropic Consent Form**; Rebecca Ferrini, MD, MPH, CMD
- 11:10am **Presentation of the CALTCM Poster Session Awards**
- 11:25am **Lunch: Product Theater & Exhibits**
- 12:30pm **In-The-Trenches Topics** (Two 40-minute rounds.)
 - **5M Framework in Long Term Care**; Can Chen, MD
 - **Becoming an Expert Witness**; Karl Steinberg, MD, CMD
 - **How to Operationalize Age Friendly Healthcare**; Kourosh A.P. Moshiri, MD, MHA, FACP, AGSF, CMD, HMDC, FACCWS & Stacey Ringham, RN, MSN
 - **Informed Consent Form**; Rebecca Ferrini, MD, MPH & Noah Marco, MD, CMD
 - **Antimicrobial Stewardship**; Dolly Greene, RN, BSN, CIC
- 2:00pm **Adjourn**



REGISTRATION: 2025 CALTCM Summit for Excellence



OPTION 1: (RECOMMENDED)

For expedited processing, and immediate confirmation, please visit our website at www.caltcm.org to register for the 2025 CALTCM Summit for Excellence. Renew your membership or become a new member to instantly save on registration rates & dues.

OPTION 2: Mail completed registration form to the CALTCM Executive Office at the following address: PO Box 800371, Santa Clarita, CA 91380. Make checks payable to CALTCM.

OPTION 3: Fax completed registration form to (855) 793-2226 or call (888) 332-3299 Option 1 to register by phone. Phone lines are open Monday-Friday 8:00am - 5:00pm Pacific.

Registration Rates

CALTCM MEMBER RATES

- ☐ Individual Registration.....\$549
- ☐ Facility Registration*.....\$449

NON-MEMBER RATES

- ☐ Individual Registration.....\$699
- ☐ Facility Registration*.....\$549

Pre-Summit (Add-on's)

- ☐ Wound Care Summit..... \$45
- ☐ Medicolegal Summit.....\$75

ANNUAL MEMBERSHIP RATES

- ☐ Physicians.....~~\$150~~ \$120 - Save 20% Today
- ☐ Non-Physicians.....~~\$125~~ \$100 - Save 20% Today
- ☐ Facility Membership** (3 members) \$300

**Amount
Due**

Membership Fee \$ _____
Registration Fee(s) \$ _____
Total Due \$ _____

* Facility rates available to facilities sending 3+ attendees; attendees MUST register together, otherwise individual rates apply. **Facility membership includes membership for 3 persons (Medical Director, Administrator, and Director of Nursing); additional members can be added for \$75.00 per person.

Name (First, Middle Initial, Last) and Degree(s)

Organization/Affiliation

Mailing Address

E-Mail Address (Required)

Daytime Phone Number

VISA/Mastercard/Discover/American Express

Expiration Date (MM/YY)

CVC

Name as it appears on card

LOCATION & HOTEL ACCOMMODATIONS:

Paradise Point, 1404 Vacation Road, San Diego, CA 92109

A special conference rate of \$279, per night for single or double occupancy, plus applicable taxes and fees is available to program participants. To reserve your room please visit CALTCM's website or call reservations at 800-344-2626 - please note that the group rate is based on availability only - the hotel cut-off date is September 30. Identify yourself as a participant of the California Association of Long Term Care Medicine 2025 CALTCM Summit for Excellence to receive this special conference rate. Reservations in the group room block are subject to rate and space availability.